



All Saints Church School

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ONLINE SAFETY REMINDER AND CHECKLIST FOR PARENTS

Dear Parents and Carers

During this time of learning at home the use of technology has been key to supporting learning and helping families to keep in touch with friends and loved ones.

Below, please find a list of important considerations for families to ensure that your children are using technology safely in the home:

- Any online Safeguarding concerns should be reported to a member of the DSL team on: sharon.bowditch@allsaints.bwmat.org dan.hutchings@allsaints.bwmat.org james.ross@allsaints.bwmat.org
However, if a child is at immediate risk, please contact Somerset Direct on 0300 123 2224.
- Ensure that your child **only uses technology in a public space, supervised by a parent or carer. Do not let your child use technology unsupervised**
- Monitor **all** technology your child/ren are using. Today, please check that all devices that your child has access to in order to ensure that they are **not** accessing APPs that are inappropriate for their age. Please continue to check regularly. The picture below will help you in your decision making.

Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?



Sourced from NSPCC website October 2019



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"That they may have life, life in all its fullness" John 10:10

- As many of you will know, by signing up to popular social networking sites you are confirming that you are 13 years of age or older. We recognise that some children are using these though we would strongly advise against it, so in order to remain as safe as possible please see the linked checklists below.
- <https://swgfl.org.uk/resources/checklists/snapchat/>
- <https://swgfl.org.uk/resources/checklists/instagram/>
- <https://swgfl.org.uk/resources/checklists/tiktok-checklists/>
- <https://swgfl.org.uk/resources/checklists/roblox/>
- Ensure that you have up-to-date parental controls on all devices accessed by children. If you are unsure what to use, there is some advice here:
- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>
- Please continue talking to your child about keeping safe online. Have you created a family agreement about how to keep safe? If not, please find a template at the end for you to all sign up to.
- Some other helpful websites are:
 - NSPCC Online Safety <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>
 - UK Safer Internet Centre: <https://www.saferinternet.org.uk/advice-centre/parents-and-carers>
 - Advice on screen time <http://bit.ly/RCPCH-ScreenTimeForParents>
 - Ask about games www.askaboutgames.com

Thank you for continuing to work in partnership with us on this very important matter. Teachers are promoting the importance of children being monitored in their use of technology.

Our aim is to work together with families and young people, in order to equip them with the skills to critically evaluate the information they are presented with online. For example, discuss with your children about how they research or find information about breaking news event and encourage critical thinking for identifying 'fake news'.

Technology is wonderful and it is a vital part of our children's world and learning, particularly in this time. However, it is essential we continue to support them in using it in a safe and healthy way. A big part of this is ensuring that they are always supervised using devices. This supervision may look different as children age and develop; for example, a Year 1 child may need an adult very close by, and a Year 6 child may need supervision within the same room. We recognise that everyone needs time alone, often in the evenings or before bed, and that is healthy and necessary. This is not an ideal time for children to have devices with them as it means parents and carers are unable to monitor children's use.

If you have any questions, please do not hesitate to contact us.

With very best wishes to you and your family,

Mr. J. Ross
Assistant Headteacher

Miss B. White
Computing Coordinator

Mr. D. Hutchings
Deputy Safeguarding Lead



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This is an agreement you can use to help your child stay **healthy, happy, and safe** when they use technology.

Our Family Contract

Children: I agree to...

- Talk about the technology I use, and how I use it
- Share with you content that has made me feel uncomfortable
- Show you what I do online
- Check before I download a new app
- Share games I play
- Join in with family activities

Adults: I agree to...

- Stay calm when problems happen with technology
- Ask permission before posting photos of others
- Discuss apps and check them out together
- Join in with technology activities that are appropriate for your age

Everyone agrees to

- Family time without technology
- Switch off at an agreed time each night
- Talk about what we do online, just as we do with other activities
- Keep screens out of bedrooms

